



Dear Wheel friends, supporter and fans

The USA Gymnastic Wheel Federation in conjunction with the GymRoots and American Sokol is hosting the TURNFEST American Style during the week of the World Championship:

Concurrently with the Wheel World Championships will be the TURNFEST American Style, an international gymnastics festival featuring Group Gymnastics Displays, Gym Wheel Level testing, Opening and Closing Galas and a TURNFEST Challenge competition. Participants in the TURNFEST may also join in the international training camp and learn from many of the world's leading experts in Wheel and Monowheel, Rhythmic, Tumbling and Acrobatic gymnastics, and a variety of performance arts. Clinicians will include World Champions, Olympians, and Cirque professionals. Participants from all over the world are in for an action packed, fun filled week of Gymnastics for All. TURNFEST American Style is directed by Gym Roots Inc, American Sokol, and the USA Wheel Gymnastics Federation.

**July 8-14, 2013**

**Training Camp, Workshops, GymFest Performances, City Performances,  
US Open Wheel competition, GFA Challenge & Closing Gala**

**Event Site:** Northeastern Illinois University  
3225 W. Foster Avenue  
Chicago, Illinois 60625

**Presented by:**



**In conjunction  
with USA Wheel Gymnastics Wheel 2013 and Sokol USA**



# BULLETIN # 3

## I. SCHEDULE

- ALL registered GymFest Teams will participate in the GymFest Performances and Gymnastics for All Challenge.
- In addition, teams may request up to 2 city performances and 2 workshops.
- City performances and workshops will be scheduled individually with the Group Contact.

Thursday, July 11

9:00am-4:00pm GymFest Performances

Friday, July 12

3:00pm-4:30pm TurnFest Gymnastics for All Challenge

4:30pm TurnFest American Style Awards and Recognition

## II. FINAL REGISTRATION

- \$150 per person; deadline May 25th 15, 2013
- One check per team payable to **GymRoots, Inc.**
- Mail to: **GymRoots, Inc.**
  - Attn: TurnFest American Style
  - 8100 East 126<sup>th</sup> Street
  - Fishers, IN 46038

Or PayPal: Login at [www.paypal.com](http://www.paypal.com) and pay your registration fee to account : [jplord1@sbcglobal.net](mailto:jplord1@sbcglobal.net)  
( please add 5% wire fee on top)

Pre-registration fees are NON-REFUNDABLE but may be TRANSFERRED to other participants from the same club.

## III. GENERAL INFORMATION – revised!!

### A. Extended Deadline!!2

Final Registration forms and fees will be due May 15, 2013. Each team's training and performance schedules will be created after all forms and fees are received.

The BASE entry fee of \$150 per person guarantees your group will be scheduled to participate in the following:

1. 1 GymFest Performance
2. Participation in the GFA Challenge
3. 2 workshop events
4. 2 City Performances at Navy Pier and/or Daley Plaza
5. Participation in the mass closing number "Love, American Style" at the Closing Gala
6. Wheel Gymnastics Level Testing. Athletes will be able to try out wheel gymnastics at the North Eastern Campus . This level testing is for beginners through experts. Participants will be able to try out the gymnastic wheel and then pass the level testing in either introduction level, bronze, silver, gold, platinum, or titanium levels.

### For Wheelers:

The BASE entry fee of \$150 per person guarantees your group will be scheduled to participate in the following:

- 1, Gym Fest performance
- 2.3 City Performances at Navy Pier and/or Dailey Plaza
3. 2 workshops events ( group workshops )
4. US Open competitone ( July 8<sup>th</sup>, please see wheel2013 schedule) 1 discipline , each discipline more second discipline + \$40 , third discipline + 20 . Depending on availability , cause max 5 competitors per class and discipline.
5. Wheel Gymnastics Level Testing .Athletes will be able to try out wheel gymnastics at the North Eastern Campus . This level testing is for beginners through experts. Participants will be able to try out the gymnastic wheel and then pass the level testing in either introduction level, bronze, silver, gold, platinum, or titanium levels.

**ADD-ON FEES have been dropped!** Your group will automatically be entered in the Gymnastics for All CHALLENGE. This will be a “judged” event conducted in the style of American Idol and similar popular talent shows.

**IN ADDITION** your group may be asked to perform in one of a variety of “featured” spots during the Wheel World Championships. Requests/interest should be sent directly to Paula Lord for group placement.

### B. Lodging and Travel

Participants will fly into O’Hare International Airport. Teams are responsible for their own transportation from the airports to the hotels and event venues. Hotels are especially difficult to book blocks during the summer months, and with our unknown participation numbers we have been unable to secure a specific room block. We suggest you work directly with your own travel agent to choose the best lodging options for your group.

As well you are able to check out the official delegation dorm at North Park University. Please check [www.wheel2013.com](http://www.wheel2013.com) - REGISTRATION

### C. Coach Registration and Coach Packages

Each club is allowed a maximum number of floor access passes based on the following:

Number of gymnasts	Group Leader	All-Access Coaches
1-6	1	1
6-10	1	2
10-18	1	3
19-35	1	4
36+	1	5

One Designated Group Leader is responsible for all communication between the event management staff and each group. Please be clear on registration forms about who is the DESIGNATED GROUP LEADER.

An All-Access Coach is responsible to the club’s Designated Group Leader and has an active role in being responsible for athletes on the floor. An All-Access Coach pass is NON-TRANSFERABLE and access to the floor will be monitored.

## IV. Pre- and Post-Event Training Camp (WORKSHOP) Tuesday, July 9; Wednesday, July 10; and/or Saturday, July 13

Two 2-hour Workshop sessions are included in your Registration Fee. Workshops will be scheduled directly with your group contact and tailored to your fit your group. Clinicians will be available from Cirque du Soleil and the National Circus School of Montreal, as well as international experts in wheel, rhythmic, tumbling and posture preparation. Your team may choose from the following menu of clinic options:

- Cirque Sampler – a little bit of everything!
- Group Choreography Review and Training – get an in depth review of your group’s current routine, learn tips and tricks to improve your groups overall impression and performance quality
- GymWheel and MonoWheel Basics – learn from the top wheel experts in the world who are in Chicago for the World Championships
- Rhythmic Gymnastics Apparatus Technique – former Olympians will teach basic apparatus technique plus group skills and training methods
- Tumbling and Streaming – a must for artistic gymnastics programs, team gym squads, cheer groups and more
- Perfect 10 Posture Training – build a strong foundation for the body to improve execution and elegance

**For Private Workshops:** Single Participant \$85/hour / small group ( 3 persons) workshops \$150/hour

Sessions are available with:

Paula Lord ( Rhythmic Specialist and Choreography)

Elizabeth Gifford ( Aerial Coach)

Eric Deschenes ( Mono Wheel, Ecole National de Cirque)

Andre St. Jean ( Cirque Du Soleil, Coach Gym Wheel)

Wolfgang Bientzle ( US National Coach Gym Wheel)

## **V. GymFest Performances (Thursday, July 11)**

Included in Registration Fee.

1. Performance area: carpet-bonded foam (non-sprung), 40' x 60'
2. Performance duration: 10 minutes (maximum)  
The time allotted includes entrances/exits and placement/removal of all equipment, props, costumes, etc.
3. Number of GymFest performances: Minimum of One (Maximum of Two if time permits)  
A separate warm-up floor will be available. Warm-up schedule will be posted.
4. Number of performers: Minimum of ten (10) active performers. Teams with fewer than ten performers automatically be given a maximum performance time of 5 minutes.
5. Group composition: At the discretion of the group leader. Performers can be any age, gender or ability level and may show any style of gymnastics (movement) performance. Possible performance activities include artistic gymnastics, rhythmic gymnastics, cheer, tumbling, aerobic, dance, fitness activities, circus arts, martial arts, calisthenics, etc.
6. Evaluations: All GymFest performances will be evaluated and awards given for Gold, Silver and Bronze achievement levels. Evaluations will be returned to the group leader and a question/answer session will be held during the group's Training Camp session. The purpose of the evaluations is to assist groups with their performance ability. Scores from the evaluations will be used to determine a group's readiness for international festival participation and to offer assistance in specific areas.

## **VI. City Performances (July 8-12)@ Navy Pier and Daley Plaza**

2 time slots included in Registration Fee.

1. Performance areas: carpet-bonded foam (non-sprung), size TBD
2. Performance duration: 5 minutes (maximum)  
The time allotted includes entrances/exits and placement/removal of all equipment, props, costumes, etc.
3. Number of City performances: Minimum of One (Maximum of Two if time permits)  
No official warm-up area will be available. Groups are responsible for their own transportation to and from the City Performance venues.

## **VII. Gymnastics for All Challenge (Friday, July 12)**

NO ADDITIONAL FEE.

1. Performance area: same as GymFest
2. Performance duration: 5 minutes (maximum)  
The time allotted includes entrances/exits and placement/removal of all equipment, props, costumes, etc.
3. See evaluation sheets.

## **IX. Awards and Recognition (Friday, July 12)**

All teams will be presented with participation awards after the conclusion so of the GFA Challenge. The awards ceremony will be accompanied by a mass performance of the "Love, American Style" choreography by all participants and social activity. Mass choreography will be available in early 2013.

## **X. US OPEN WHEEL / MONO WHEEL competition**

### **For Gym and Mono Wheeler !!!!!**

We do offer the for every Wheeler Mono and Gym to participate during this week in other areas than the World Championship.

A US Open Competition

B public Performances in the hear of Chicago : Nayv Pier and Dailey Plaza

C Workshops in Mono and Gym Wheel all week long

### **To A . US OPEN competition on July 8<sup>th</sup>**

This is an open international competition, but every discipline limited to five starters. With registration you will have to send in a video. IF there are more than five registrations per category than two facts will decide who is going to compete. Time of registration and video submission. The competition panel of USA Wheel Gymnastic Federation is going to decide. **8 different Categories:**

Mono Wheel Men Free program / Mono Wheel Women Free program /Gym Wheel Men Straightline with music / Gym Wheel Women Straightline with music / Gym Wheel Men Spiral /Gym Wheel Women Spiral / Gym Wheel Men Vault / Gym Wheel Women Vault

**Participants:** per category maximum of 5 competitors

**Registration:** [wolfgang@wheel2013.com](mailto:wolfgang@wheel2013.com) and the Turnfest column on [www.wheel2013.com](http://www.wheel2013.com)

**Age :** born in 1990 and older

**Regulations :** IRV [www.rhoenrad.com](http://www.rhoenrad.com)

**Registration fee:** The BASE entry fee of \$150 per person guarantees your group will be scheduled to participate in the following:

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5. Wheel Gymnastics Level Testing .Athletes will be able to try out wheel gymnastics at the North Eastern Campus . This level testing is for beginners through experts. Participants will be able to try out the gymnastic wheel and then pass the level testing in either introduction level, bronze, silver, gold, platinum, or titanium levels

### **B public performances in the Center of Chicago and at North Eastern University, which is 800 meters away from North Park University**

You" ll find the information for the Turnfest performances in the Turnfest column on the [www.wheel2013.com](http://www.wheel2013.com) site.

Everybody who is signing up is going to perform. Please check the Regulations and floor requirments at the website

### **C Workshops and Clinics**

We are having multiple workshops for gym and mono wheel and a lot of other gymnastic and circus arts at North Eastern University. The final schedule is going to be set in the end of February

**For Private Workshops :** Single Participant \$85/hour / small group ( 3 persons) workshops \$150/hour

Sessions are available with:

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