

➤ **SCHEDULE**

2025 Trampoline Gymnastics World Championships schedule

All times are listed in local Pamplona time (CET) and are subject to change.

Wed 5 Nov 2025

18:00 - Synchronised Trampoline Mixed Qualification

Thu 6 Nov 2025

10:00 - Individual Trampoline Men & Women Qualification (Q1)

10:00 - Tumbling Women Qualification (Q1)

14:00 - Double Mini-Trampoline Men Qualification (Q1)

18:00 - Double Mini-Trampoline Women Qualification (Q1)

Fri 7 Nov 2025

10:00 - Synchronised Trampoline Men & Women Qualification (Q1)

10:00 - Tumbling Men Qualification (Q1)

16:00 - Synchronised Trampoline Men & Women Qualification (Q2)

17:30 - Tumbling Women Team Final

18:25 - Double Mini Men Team Final

19:25 - Double Mini Women Team Final

19:55 - Tumbling Men Team Final

21:10 - Synchronised Trampoline Mixed Qualification (Q2)

Sat 8 Nov 2025

10:30 - Tumbling Women & Men Qualification (Q2)

10:30 - Double Mini-Trampoline Men & Women Qualification (Q2)

12:30 - Individual Trampoline Men & Women Qualification (Q2)

15:00 - Double Mini Men Final

15:30 - Tumbling Women Final

16:00 - Synchronised Trampoline Mixed Final

17:00 - Tumbling Men Final

17:30 - Double Mini Women Final

18:30 - Trampoline Women Team Final

19:50 - Trampoline Men Team Final

Sun 9 Nov 2025

12:00 - Synchronised Trampoline Women Final

12:30 - Synchronised Trampoline Men Final

13:15 - Individual Trampoline Women Final

13:45 - Individual Trampoline Men Final

16:00 - All-Around Team Final (Final Session)